

# DANCE & GYMNASTICS WORKSHOP



23/9/24

MERCY JUNORTOWN SPORTING PRECINCT

9AM - 4PM

COST: \$42

AGES: 5 - 12 YEARS

DOES YOUR CHILD LOVE TO DANCE, TUMBLE, OR JUST MOVE TO THE BEAT? THIS PROGRAM OFFERS A PERFECT BLEND OF ACTIVITIES TO KEEP THEM MOOVIN' AND GROOVIN' ALL DAY LONG!

- ROLLS •
- CARTWHEELS •
- HANDSTANDS •
- BEAT AWARENESS •
- TIMING •
- DIRECTIONAL MOVEMENT •
- CLIMBING •
- CREATIVE EXPRESSION •
- GROUP DYNAMICS & MORE



# AFL CLINIC

24/9/24

MERCY JUNORTOWN SPORTING PRECINCT

AGES: 6 - 15 YEARS

COST: \$50

9AM - 4PM

CALLING ALL AFL SUPERSTARS!

GET READY FOR AN ACTION-PACKED DAY OF FOOTY FUN AT OUR AFL SPRING SCHOOL HOLIDAY CLINIC! WE'RE THRILLED TO ANNOUNCE THAT ESSENDON STAR BEN HOBBS WILL BE JOINING US FOR AN EXCLUSIVE Q&A SESSION VIA ZOOM, AND WE'VE GOT A LINEUP OF EXCITING ACTIVITIES PLANNED FOR ALL YOUNG AFL ENTHUSIASTS!

# NETBALL CLINIC 9AM - 4PM



30/9/24

MERCY JUNORTOWN SPORTING PRECINCT

AGES: 6 - 15 YEARS

COST: \$60

LEEDS RHINOS SUPERSTAR ZOE DAVIES AND THE KELLY SPORTS TEAM ARE BRINGING YOU AN EXCLUSIVE FULL-DAY NETBALL CLINIC THAT'S PERFECT FOR ASPIRING NETBALLERS OF ALL SKILL LEVELS!

10AM-1PM

MERCY JUNORTOWN SPORTING PRECINCT

AGES: 6-12

COST: \$35

FAST-PACED FUTSAL ACTION! YOUR CHANCE TO SHOWCASE YOUR SKILLS, WIN PRIZES, AND LEARN ALL THE TIPS AND TRICKS!

# FUTSAL TOURNAMENT

4/10/24

MERCY JUNORTOWN SPORTING PRECINCT

AGES: 6-14 YEARS

COST: \$35

9AM-3:30PM



WITH THRILLING MATCHES AND A CHANCE TO CLAIM VICTORY, IT'S THE ULTIMATE EVENT FOR FUTSAL ENTHUSIASTS. JOIN US FOR FIERCE COMPETITION AND GREAT FUN!

# FUTSAL CLINIC

1/10/24



# BASKETBALL CLINIC

2/10/24

MERCY JUNORTOWN SPORTING PRECINCT

AGES: 6-15 YEARS

COST: \$50

TIME: 9AM-4PM

TAKE YOUR GAME TO NEW HEIGHTS!

GET READY TO SHOOT, DRIBBLE, AND SCORE AT OUR BASKETBALL CLINIC! WHETHER YOU'RE NEW TO THE GAME OR LOOKING TO REFINE YOUR SKILLS, OUR EXPERT COACHES WILL GUIDE YOU THROUGH DRILLS AND TECHNIQUES THAT BRING OUT YOUR BEST ON THE COURT.

A PERFECT BLEND OF LEARNING AND PLAY THAT KEEPS KIDS COMING BACK FOR MORE!

# SPORTY SHORTIES PLAYGROUP

3/10/24

MERCY JUNORTOWN SPORTING PRECINCT

AGES: 3-5 YEARS

COST: \$30

TIME: 9AM-12PM



THIS PROGRAM IS PERFECT FOR PRESCHOOL-AGED CHILDREN AND IS DESIGNED TO IMPROVE THEIR FINE AND GROSS MOTOR SKILLS THROUGH A RANGE OF DIFFERENT EXCITING SPORTS ACTIVITIES.

